

Available at VisualizeHealth.net

Questions to Consider by yourself or Consult with Us

Satisfaction Guaranteed!

Healthy Services:

Health Coaching Sessions in person, phone or Skype Consulting on Neurodegenerative Disorders; Vision Related Issues; Autoimmune Disorders, Chronic Pain....

Manual Therapy sessions in person in West Hartford, CT; San Diego, Pacific Grove & San Francisco, CA; Portland & Eugene, OR; Norfolk, VA; Houston, TX; Belmont, NH; Provo, UT, Denver, CO and more.

Matrix Energetics sessions by phone or Skype

Transformational Products:

Transformational Shift Modules (informational research, energetic downloads and information to enhance manual therapy, health coaching, matrix energetics and nutritional results) for particular conditions, body systems and health & wellness.

Standard Process and MediHerb Supplementation consultations and products

Heel Homotoxicology consultations and products

NuSkin Healthy Longevity Products

Infra-Red Saunas & Infra-Red BioMat

Which is Perfect for you today.

Contact us for more info on how to find answers, increase your clarity of mind, enhance your level of relaxation, facilitate comfortable movement, and find quality of life.....

Any sufficiently advanced technology is indistinguishable from MAGIC. Arthur C. Clark

Try out our particular kind of magic today.

What You Want at www.VisualizeHealth.net

- How can I increase my insights each day?
- What's self-directed neuroplasticity as we age?
- What am I going towards? What do I expect?
- Where is better quality feedback for mind & body?
- What areas of my body do I appreciate most?
- How can I increase the status of my liver?
- How can I increase certainty for my kidneys?
- When will I provide autonomy for my nerves?
- How can I increase the relatedness of my neurotransmitter and hormonal systems?
- What increases the fairness with which nutrients & resources are being distributed in my body?
- Are I informed enough to respect my heart?
- What is my immune system choosing to focus on?
- How do I create a balance between my amygdala (limbic / survival system) and my pre-frontal cortex (cognitive function / clarity of mind)?
- What digestive functions have I hard wired?
- Where is the solution to minimizing danger to my pancreas and maximizing the reward?
- Is there a place for Neurofascial Process (NFP) or Reflection Therapy in my self-care?
- What does the PERFECT 10 look like for my cells?
- What does Non-Violent Communication between my amygdala and my thyroid feel like?

Try Our Magic at www.VisualizeHealth.net

We are willing to bet one hour of our time that after the initial session.....

You feel happier & healthier

Your relationships flow easier

Your life goes smoother

You move more comfortably

AND

You want to share this experience with clients, colleagues, employees, friends & family.

Choose a Visualize Health Practitioner

WhatYouWant@VisualizeHealth.net

Some of the Many Opportunities: In-person sessions, Phone appointments, Integrative Manual Therapy (IMT), Health Coaching, Massage Therapy, Matrix Energetics, Health Consulting, Nutritional support, Reiki, Integrative Medicine....\$120 / hour

You choose what is just right for your health and the achievement of your goals.

In-person locations and phone consultations so you get support which is Convenient and Effective.

Reach an ideal level of health, energy, function and level of satisfaction with the support of our substantial education, Easily and Efficiently.

A variety of services & packages so you to Use Your resources the way You Want.

Our positive outlook, experience observing and supporting individuals' recovery process enables you to Experience the Potential & Quality of Life You Want.

Buy a Transformational Shift Module

Each Transformational Shift Module contains research supporting the idea - You can heal from a particular diagnosis (ie) Parkinson's Disease, Diabetes, Fibromyalgia, Reflex Sympathetic Dystrophy, Chronic Pain, Macular Degeneration,

Your health and wellness is supported with this information. Your friends and family understand your choices of complementary and alternative medicine (CAM) better with this information.

Do you feel informed enough to Choose the Best Integrative Medicine approach to Support Your Process.

Each Transformational Shift Module contains ideas to help motivate you and support your health coaching process.

General help with goals setting, measuring progress, and learning how to coach yourself towards self-directed neuroplasticity [Healing].

Each Transformational Shift Module contains Energetic Downloads & Energy Medicine frequencies to support your healing work with Matrix Energetics practitioners. For a complete list **Visit our Shopping Cart.**

Experience these powerful Energetic Frequencies in Your Body today.

How to Build an Idea Farm

"We recognize that ideas are driving the economy, ideas are making people rich, and most important ideas are changing the world. An idea that just sits there is worthless."
Seth Godin, The Ideavirus

Each Transformational Shift Module is packed with ideas to increase your health & wellness and perhaps change the world.

Who will Accelerate Your Results

Try Health Coaching

We start from the premise that you are whole and capable of achieving the quality of life you want. Our health coaches are here to support your process.

Listening for what you want in your life, your goals, your dreams, your intuitive sense, we enhance your inherent potential.

We ask questions with our voices, with our minds, with our hands, eliciting the information you need to achieve whatever you want.

Here for you as long as you want us to listen, ask questions, hold space for change and hold you accountable for the changes you have committed to make, we want you have the life you desire.

We help you access your subconscious mind to create the lyrics to a new song, a new feeling of your life, a satisfying physical and emotional [mind - body] experience.

Intuition Fitness Center

Harnessing your conscious mind is like pulling out the change in your pocket. Harnessing your subconscious mind is like accessing the global economy. David Rock, Your Brain at Work

What Do You Want today?

Thought on Manual Therapy

All healing is self healing. Our bodies have the ability and resources to heal and excel. The support of skilled manual therapists can speed up the healing process, make it easier to achieve higher levels of potential. We see the impossible happen on a regular basis. We know what is possible. We help you achieve your potential and perhaps see / reach a much greater potential than you think is possible.

What can we do for you today?

Eat Your Way to Better Health

We think of increasing wellness through nutrition as having 5 parts.

1. What is in your diet that you should take out? (ie) excessive amounts of processed sugar, artificial sweeteners, preservatives, citric acid, pesticides.....

2. What allergens are in your diet? (ie) Gluten, Dairy, Peanuts, Almonds,

3. What foods or drinks should you add to your current diet? (ie) green leafy vegetables, organic products, green tea, sufficient water, protein, good fats, cashews (iron),

4. What supplements would be beneficial and accelerate your results? Vitamin B Complex, Boswellia, Catalyn, Fish oils,

5. What Homeopathics or Bach Flower Essences would increase your overall health and wellness? (ie) Traumeel, BHI Eye, Rescue Remedy,

Want to consult with us today?

Detoxification Questions for You

1. Are you drinking enough water or green tea?
2. Have you eliminated things that are toxic to you?
3. Does your diet support your detoxification goals?
4. Are there enough nutrients in your diet to support healthy rebuilding of injured tissues?
5. Will sweating (Infra-red Sauna, Biomat, exercise, meditation) be beneficial for healthy elimination?
6. Should you use supplements to detoxify?

Start feeling better now

Thoughts on Matrix Energetics

Regardless of your current diagnosis or signs and symptoms, we help you find relief, increased function, laughter and joy in life with Matrix Energetics concepts.

We can also support your self-care process and facilitate your ability to heal yourself. We assist your body and entire being to heal itself.

Be like a five year old realizing they are losing the upper hand in a game Change the rules.

Change Now Free Audio at
www.VisualizeHealth.net