

KIMBERLY BURNHAM Resume

(860) 221-8510

Date of Birth: July 21, 1957

EDUCATION

PhD Program www.westbrook.edu

Westbrook University Apr 2003- 2006; PhD Integrative Medicine (2006). Dissertation topic, "The effect of Integrative Manual Therapy on the symptoms of Parkinson's disease."

Development of NeuroAnatomy for IMT Practitioners 2002

Matrix Energetics www.MatrixEnergetics.com

Matrix Energetics Level 1 & 2 (2008), Level 3 (2009).

Matrix Energetics Practitioner, Certified (Dec, 2009).

Matrix Energetics Study Group Leader Training (2010)

Matrix Energetics Master Practitioner Training (2010).

Health Coaching www.healthcoachtraining.com

Health Coach Training Feb 2010 - Feb 2011

Manual Therapy www.CenterIMT.net

Studies with Dialogues in Contemporary Rehabilitation & Therapeutic Horizons. Bloomfield, CT.

Biologic Analogs: Neural Mobilization, Circulation Mobilization, Pelvis, Advanced Level 1, 2, 3. Therapeutic Horizons. Mar 96 - Oct 2000. (40 days)

Subcortical Structures (4 days); Autonomic Nervous system (3 days) DCR 2003

Cranial Therapy Series 1, 2, 3, 4, 5. DCR. April 1998 - Sept 2000. (19 days)

Integrative Manual Therapy Courses: Myofascial Release, Advanced Strain-Counterstrain, Strain-Counterstrain, Muscle Energy Technique 1-4, Adv Neural Tension Techniques, Neural Tissue Tension Techniques, Spinal Integration I. Visceral Mobilization VMETGI, VMETResp, VMETCH. Lymph 1-4. Compression Syndromes 1-3 DCR. May 1995 - Nov 2000. (55 days).

Integrative Diagnostics - Integrative Diagnostics 4 Part Series, Integrative Diagnostics for Applied Psychosynthesis. Diagnostics for Pediatrics. DCR. Feb 97 - Aug 00. (15 days)

Studies with The Upledger Institute. Palm Beach Gardens, Florida. www.upledger.com

Process Acupressure 1A. Upledger Institute. May 1998 (4 days).

Mechanical Link I, ML II. Upledger Institute. Feb-July 98 (8 days).

Visceral Manipulation IA, IB, II, PIVM, AVM, AVM II, Clinical Symposium. Upledger Institute.

June 1995 - May 1997. (30 days). www.barralinstitute.com

CranioSacral Therapy I, CST II, SomatoEmotional Release, Clinical Symposium. Upledger Institute. February 1993 - September 1994. (11 days)

Cranial 1 Milne Institute April 1999 (4 days). www.milneinstitute.com

Endermologie Training Program. LPG. Bloomfield, CT. April 16, 2000 www.endermologie.com

Osteopathy, Manual Practice

Cranial and General Osteopathy Program, Canadian College of Osteopathy, Toronto, Ontario. September 1996 - 2002. Fourth of five years completed. (32 courses, 123 days)

www.osteopathicollege.com

Specific Osteoarticular Adjustment & Soft Tissue Tech. Harold I.Magoun. Feb1999.(3days).

Lymph and Organs. Philippe Druelle, DO. Jan 99. (1 day)

Massage Therapy

Registered Massage Therapy Program Sutherland-Chan School & Teaching Clinic, Toronto, ON. Jan 92 - Jul 93. Graduated with honors. Two year - 2200 hour program. www.sutherland-chan.com

Functional Therapies

Orthotics. Langer. May 1999. Hartford. (3 days)

Brain Stimulating Method - de Jong. Janny de Jong. Holland. Nov 23-26, 1997. (3 days)

Listening with the Whole Body. Vital Links. Sheila Frick. Boston. Sept 1999. (2 days)

Wisdom of Movement. Livna . Bloomfield, CT Aug 2005 (5 hours)

Wisdom Healing Qigong, Mingtong Gu San Diego, CA Workshop Aug 2009 (2 days).

<http://www.chicenter.com> and www.qifieldtherapy.com

Clinical Hypnotherapy

Clinical Hypnosis. Feb 99. Inner Quest Awareness Center of CA Hypnosomatic Institute.

Clinical Training in Biophysiology, Nutritional Wellness, Herbal Medicine and Homeopathy

PhD Program Westbrook University; Focusing on Neurodegenerative Disorders Apr 2003- 2006; Nutrition Course

Cranial and General Osteopathy Program, Canadian College of Osteopathy, Toronto, Ontario. September 1996 - 2002. Fourth of five years completed. (32 courses, 123 days)

Registered Massage Therapy Program Sutherland-Chan School & Teaching Clinic, Toronto, ON. Jan 92 - Jul 93. Graduated with honors. Two year - 2200 hour program. Registered Massage

Therapist 1993 - Present.

Nutritional Symptomatology (48 hours). Carola Barczak, Toronto, Ontario. June 1993.

Bachelor of Science in Zoology with an emphasis on Composite Teaching, April 1982. Brigham Young University, Provo, Utah.

Journalist in the Agriculture and Food industry 1986 - 1995. One thousand plus articles on nutrition and food including articles in the following publications:

Canadian Fruitgrower. 15 articles. Mar 1991 - 1994.; Greenhouse Canada. 6 cover photos, 38 articles. Apr 90 - 1994; Onion World. 24 articles, 1 cover photo. Feb 88 - 1994.; The Produce News. 970 Articles and photos. July 1986 - 1994. ; Alive, Canadian Journal of Health & Nutrition. 1 article, Apr 92.; Seafood Leader. 1 article, Jan/Feb 92.; Canadian Aquaculture. Provesta Pigment news item. July/August 90.; Catering Today. 1 article and photos. Jan/Feb 91.; Cognition - Organic Farming 5 Info review sections, photos. Apr 90 - Apr 91.; Gleanings in Beekeeping. 1 article. June 1989.; The Grower. Cover photo. Mar 91.; The Growing Edge. 3 articles. Fall 89, Winter 89, Spring 90.; Mushroom Trade Report. 2 articles. Feb 91.; Organic Gardening. 1 photo. Apr 91.; Small Farmer's Journal. 1 article. Fall 1989.; Jewish Vegetarians. 1 article. Autumn, 1988.

Institute of Functional Medicine: IFM - Heart on Fire Conference 2002 Tuscon, AZ; Oct 2004 IFM - Neuroprotection Denver, CO (15 hours) Dr. Catherine Wilner, M.D. www.functionalmedicine.org

Aug 24-26, 2001 Functional Medicine Seminar (19.5 hours) Dr. John Furlong, N.D.

Dr. Len Goldberg Lecture Series (2-3 hours each) : May 5, 2001 Nutrition and the Brain; July 19, 2001 GI, Liver and Nutrition; June 24, 2002 Using Nutrition to Manage Stress Related Disorders; July 30, 2002 Stress and Neurology; Aug 15, 2003 Aging and Nutrition; Aug 19, 2004 Diabetes and Metabolic Syndrome;

Dr. DeAnn Liska Lecture: July 27, 2001 Functional Medicine Approach to Detoxification (3 hrs)

Tony Brae, D.C. Lectures: Aug 22, 2001 Protomorphogens and the Lymphatic System (3 hours); Aug 2002 Nutrition for Depression (4 hours)

Michael Gaeta, Acupuncturist Lectures: Digestion, Irritable Bowel Syndrome and Nutrition (2 hrs)

Linda Lizotte, RD, CDN, President of Designs for Health: Nutrition for Mercury Detoxification (2 hours)

Thomas Giammatteo, D.C.: Feb 2003 Vision and Nutritional contributions (2 hours)

Heel Homotoxicology Course 2004

Dr. Bruce Shelton, M.D. lectures on Homotoxicology: Feb 2001 HEEL: Anti-Aging and Homotoxicology (19.5 hours); August 2004 Homotoxicology and the Immune System (6.5 hours); May 2005 Homotoxicology for Infectious Disorders (6.5 hours)

Sports Related Injuries: A Homotoxicological Approach. (4 hr.) Heel Canada. 1996.

Sanum Seminar Feb 2005 (14 hours): Dr. Kirt Slegal and Dr. Mano Levoy

Dr. Bill Shevan, Homeopath Lecture: Aug 2002 Homeopathy for Depression (4 hours)

Biomeridian Training Aug 2005 Salt lake City, UT (20 hours)

Oriental Medicine

Shiatsu Training (30 hours), Tokyo, Japan. 1985.

Aromatherapy

Aroma-Genera. The Fragrant Mind (10 hrs). Valerie Ann Worwood, Toronto. June 96.

Aromatherapy & Lymphatic Introduction (6 hrs) Classic Aromatics, Toronto, Jan 1994.

University

Bachelor of Science in Zoology with an emphasis on Composite Teaching, April 1982.

Brigham Young University, Provo, Utah. www.byu.edu

WORK EXPERIENCE

Jan 2009 - Present. Integrative Manual Therapist, Matrix Energetics Practitioner, Integrative Medicine Specialist, Consultant, Teacher, Health Coach. Visualize Health www.VisualizeHealth.net and www.KimberlyBurnhamPhD.com

April 2009- Present Part - Time (8 weeks per year) Mission Hills Physical Therapy San Diego, CA www.MissionHillsPT.com

June 1998 - Dec 2008. CenterIMT, Integrative Manual Therapist, Certified <http://www.centerimt.com/incubator.asp>

January 1999 - Present. Instructor for Dialogues in Contemporary Rehabilitation in Bloomfield, CT.

Jan 2001 - July 2005 Clinical Manager and Integrative Manual Therapist, Certified at CenterIMT Boulder

January 1998 - May 1998. Massage Therapist at Willow Therapy Centre in Toronto. Work with a variety of clients: babies to seniors, athletes, HIV+ clients and people with M.S, scoliosis, CP, nervous system trauma, visceral and cardiovascular dysfunction.

August 1993 - Dec 1997. Co-owner and Registered Massage Therapist at Donvale Massage Therapy Clinic in Toronto.

August 1994 - May 1998. Teacher, Teaching Assistant, Clinical Supervisor and Tutor at Sutherland-Chan School & Teaching Clinic, Toronto, Ontario. Teaching included Treatments I, Science Review, East West, Clinical Theory & Student Clinic Supervisor.

June 1985 - May 1998. Self-Employed Writer/Photographer. Toronto, Ontario.

Work in the fields of agriculture, foods, environment and health. A list of publication credits and portfolio available on request.

www.growingedge.com

January 1992 - June 1993. Class representative at Sutherland-Chan. Responsibilities included liaison between students and administration and teachers. Developed conflict resolution skills and saw a variety of situations in this volunteer position.

June 1982 - May 1985. Excellence Corporation & Interac, Tokyo, Japan. English Teacher for adults in businesses, curriculum development and staff supervision.

September 1982 - April 1982. Monte L. Bean Life Sciences Museum, Provo, Utah, U.S.A. Assistant Curator. Identified and catalogued the insect collection.

May 1981 - August 1981. Phillips Petroleum, Bartlesville, Oklahoma. Research Center Inventory Crew. Identified and updated purchase records on a variety of research equipment used for projects on petroleum, mineralogy and aquatic foods.

TRAVEL and LANGUAGES

Extensive travel through North and South America, the Caribbean, Europe, Middle East and Asia.

In addition to Canada and the US, lived in Japan, Belgium and Columbia.

Good command of spoken Japanese. Familiarity with Spanish and French.

Currently studying Hebrew and Italian.

INTERESTS and PROFESSIONAL MEMBERSHIPS

Nationally Certified in Therapeutic Massage and Bodywork.

Certified 1998. National Certification Number #145103-00

Licensed Massage Therapist in Connecticut. #002124. Since October 1, 1999.

Certified Massage Therapist. Certified by the Board of Massage Therapy

State of New Mexico since July 1999 License No. 3184.

Member of the College of Massage Therapists of Ontario. Registration #C 546. July 1993.

Member of the Association of Physiotherapists and Massage Practitioners of British Columbia. Registration Number 03403. Registered September 1993-1998.

Member of the Ontario Massage Therapist Association. July 1993 - Present.

Member of the International Association of Healthcare Practitioners. Dec 95 - Present.

Certified Hypnotherapist. International Medical and Dental Hypnotherapy Association.

Registration Number 0299-072157. Feb 1999 - Present.

Other interests include SCUBA diving, cycling, computers, travel and photography.